





The National Preparedness Leadership Initiative is a joint program of the Harvard T.H. Chan School of Public Health and the Harvard Kennedy School of Government, Center for Public Leadership



#### META-LEADERSHIP: CRISIS, CHANGE, AND HOW TO LEAD WHEN IT MATTERS MOST

#### **Eric J. McNulty**

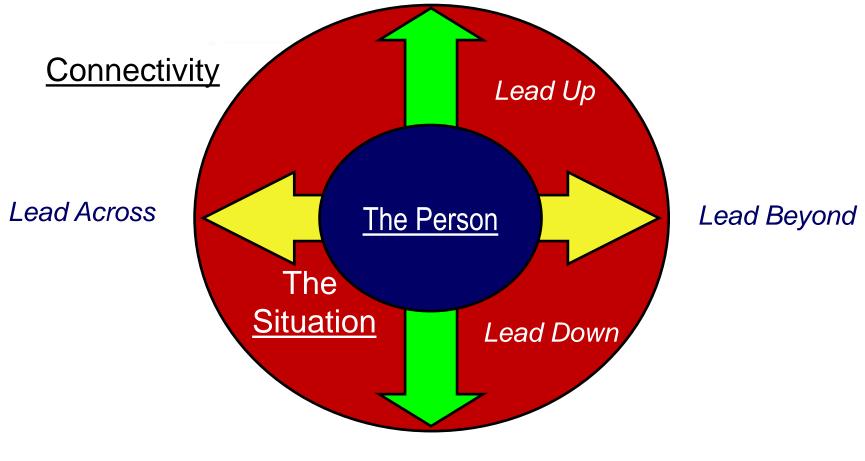
Associate Director, National Preparedness Leadership Initiative

SESSION TWO: THE PERSON



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#### THE THINKING & PRACTICE OF META-LEADERSHIP



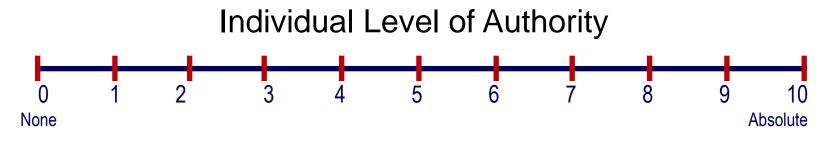
"How can I help make you a success?"

# THE PERSON

## You as a Leader

#### AUTHORITY

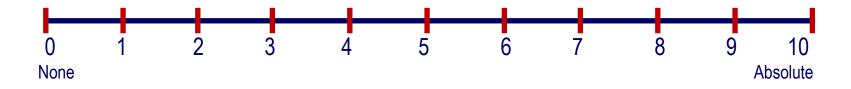


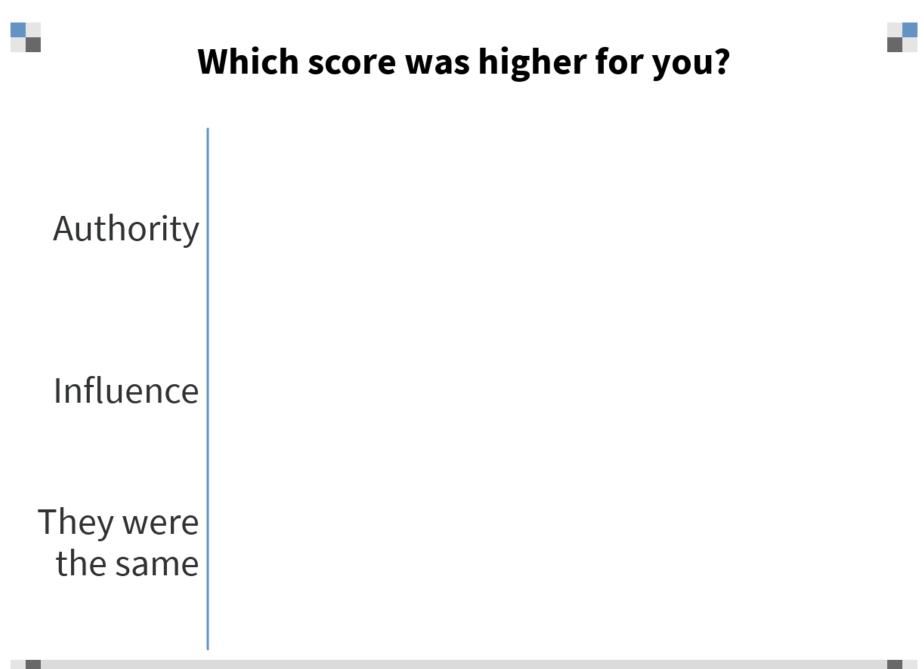


#### INFLUENCE



#### Individual Level of Influence





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# BUILDING INFLUENCE BEYOND YOUR AUTHORITY



- Liking
- Reciprocity
- Social Proof
- Commitment & Consistency
- Authority
- Scarcity
- Robert Cialdini



#### EMOTIONAL INTELLIGENCE

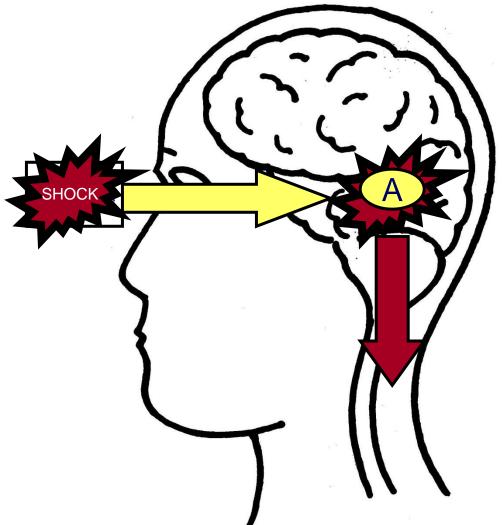
- Self-awareness
- Self-regulation
- Empathy
- Motivation
- Social skills

Daniel Goleman

# **BREAKOUT ROOMS**

Discuss a time you saw high – or low – emotional intelligence affect the outcome of a situation.

#### YOUR BRAIN: AMYGDALA HIJACK



#### Go to the "BASEMENT"

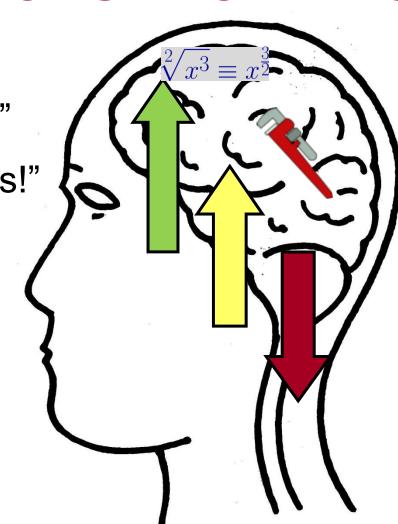
Triple "F": FREEZE FLIGHT <u>FIGHT</u>

#### YOUR BRAIN IN TRAINED RESPONSE TO A PROBLEM

"I can do this!" "We can do this!"

ACTIVATE

Your trigger script



Go to your WORK ROOM

Tool Box: Protocols Procedures Training Connectivity Mindfulness



Never lead or negotiate when you are IN THE BASEMENT...

The speech or decision you make when you are IN THE BASEMENT is the one you are most likely to regret.

The problem is NOT in going to the BASEMENT...

The problem is HOW DEEP into the BASEMENT you go...

how long you stay there AND what you do while there.

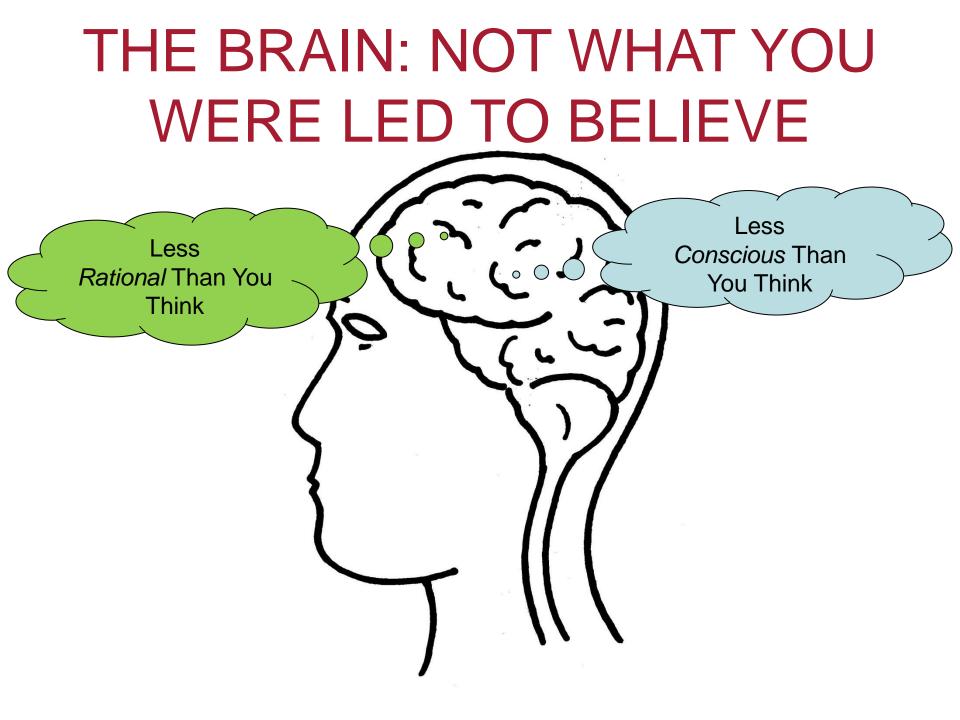
## MEET YOUR NEW NYC HCC COLLEAGUE



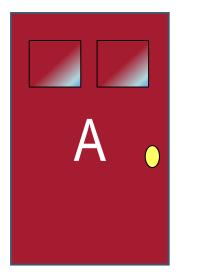
# Will Your New Boss be a "Great" or "Not So Great" Leader?



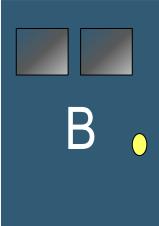
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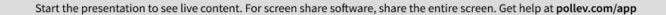
# SITUATIONAL AWARENESS: RISK FILTERS



#### *Pay* \$\$\$

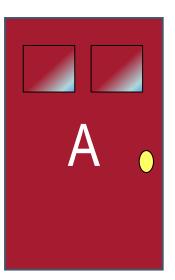


# Which door do you choose when you are PAYING?

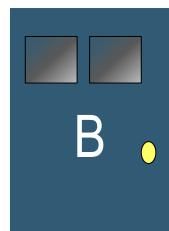


B

## SITUATIONAL AWARENESS: RISK FILTERS



*Get* \$\$\$



#### Which door did you choose when you were GETTING money?



R

# SITUATIONAL AWARENESS: RISK FILTERS



Decision analysis: What criteria influence your decisions? Same INFORMATION – Different interpretations & actions

#### HOMEWORK

Come up with three "great leader" attributes you want to amplify in your leadership.

Describe three of your "lousy leader" attributes you want to temper.

# QUESTIONS?







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